

## **MSM 1000 mg - Product number B045 - 120 tablets**

### **Description**

Methylsulfonylmethane (MSM) is an organic sulfur compound that occurs naturally in our diet and our body. MSM consists of about a third of sulfur. The mineral sulfur is found in the amino acids taurine, methionine, cysteine and glutathione and in various proteins / enzymes and mucins. Our nails, hair and connective tissue are relatively high in sulfur.

### **Ingredients per 2 tablets:**

Methylsulfonylmethane (MSM) 2000 mg

**Fillers:** microcrystalline cellulose, vegetable magnesium stearate, rice starch, cottonseed oil. **Anti-caking agent:** silicon dioxide.

### **Usage and warnings:**

Adults take 1 tablet twice a day, or as advised by an expert. Do not exceed recommended dosage. Keep out of reach of children. Do not use in hypersensitivity to any of the ingredients in this product. A dietary supplement is not a substitute for a balanced diet.